From Good to Great: Enhancing Quality of Life for People with Down Syndrome

October 23-24, 2015
Coast Plaza Hotel & Suites, Vancouver

Day One: Optimizing Neurodevelopment
Keynote: Dr. David Stein, Co-Director, The Down Syndrome Program, Boston Children's Hospital; Instructor, Harvard Medical School

Day Two: Optimizing Physical and Mental Health
Keynote: Dr. George Capone, Director of the Down Syndrome Clinic and Research Center at Kennedy Krieger Institute; Associate Professor of Pediatrics at John Hopkins School of Medicine

See DSRF.org/GoodtoGreat for more details on the conference content.

Down Syndrome Research Foundation
Together. Hand in Hand.
Celebrating 20 Years of Serving the Down Syndrome Community

Pricing, registration and hotel info available at DSRF.ORG/GOODTOGREAT
The Down Syndrome Research Foundation’s 20th Anniversary Conference and Celebration

Join families, educators, clinicians, service providers, and researchers in beautiful Vancouver British Columbia Oct. 23-24 as we come together to learn, share and inspire. We have an outstanding lineup of speakers, including international experts and experienced practitioners in the field of Down syndrome.

**Day One: Optimizing Neurodevelopment**

Keynote: **Dr. David Stein** is the Co-Director of the Down Syndrome Program and a pediatric psychologist within the Division of Developmental Medicine at Boston Children’s Hospital, and an instructor at Harvard Medical School.

Behavior problems impact 30% of children with Down syndrome. Left untreated, these same children often exhibit behavior problems as adults, limiting work and independent living opportunities. In order to address behavior problems in DS effectively, one must understand the brain-based reasons for these challenges and direct treatment appropriately. This workshop will present the basic neuroscience of Down syndrome and how this informs effective behavior management, with practical strategies provided for use in the home and school settings.

*Additional Day One speakers include:*

- Rhonda Faragher, PhD: Development of Mathematics Skills in Children with DS
- Rhonda Faragher, PhD and Roy Brown, PhD: Education and Quality of Life: A Family Affair (sponsored jointly with the IASSIDD Academy)
- Karen Dodd, PhD: Understanding Dementia in Down Syndrome; Meeting the Needs of People with Intellectual Disabilities and Dementia
- Tim Stainton, PhD: Individualized Funding and Implications for Quality of Life; Facilitation and Support for Decision Making
- Kalena Kavanaugh, Manager, posAbilities Employment Service: Employment – Exploring the Transition to Competitive Employment for Adults
- Susan Fawcett, M.Sc. RSLP: Behaviour and Communication
- Riley Rosebush, M.Sc. RSLP and Jillian Frick, M.Sc. RSLP: Two workshops on oral motor development and speech development in Down syndrome
- Amanda Szabo, BEd: Successful Strategies for Beginning Readers with DS
- Eleanor Stewart, M.Ed and Danielle McKinney, BEd: Considerations and Practical Applications for Teaching Reading Skills to School Aged Children with DS
- Sherry Tsai, CPNP: Toilet Training: Go for It!
- Barbara Laird, BEd: Don't Teach Anything You'll Have to Un teach Later!

**Day Two: Optimizing Physical and Mental Health**

Keynote: **Dr. George Capone** is the Director of the Down Syndrome Clinic and Research Center at Kennedy Krieger Institute. He is an Associate Professor of Pediatrics at Johns Hopkins School of Medicine and conducts collaborative and ongoing research in the areas of neuroimaging, neurobehavioral phenotypes, mood disorders, sleep disorders, pharmacologic management and clinical trials.

Dr. Capone will discuss common health conditions in children and adults with Down syndrome and the impact on development and function.

*Additional Day Two speakers include:*

- Joan Jory, PhD: Micronutrient Requirements and Metabolism in DS: Importance for Growth, Development, Immunology, Disease Treatment & Prevention
- Elizabeth Head, PhD: Healthy Aging and Reducing the Risk of Alzheimer's
- Karen Dodd, PhD: System-wide Service Responses for People with Intellectual Disabilities and Dementia; Measuring Outcomes within a Service System for People with Intellectual Disabilities who are at Risk of or Have Developed Dementia
- Karen Dodd, PhD: Measuring Outcomes Within a Service System for People with Intellectual Disabilities and at Risk for Dementia
- Dr. Lillian Thorpe: Medications and Treatment for People with Down Syndrome and Dementia
- Dr. Diane Jenson: Endocrine Issues and Down Syndrome
- Riley Rosebush and Jillian Frick: Oral Motor Development and Speech Development in Down Syndrome
- Jamie Edgin, PhD: Sleep's Role in Supporting Cognitive Development in DS
- Katherine Martinez, Psy.D, R.Psych: Anxiety and OCD Protective Strategies and Treatment
- Roy Brown, PhD, Nancy Jokinen, MSW, PhD and Lilian Thorpe MD., PhD, FRCP: Roundtable Discussion: Perspectives on Models of Community Care for People with Down Syndrome and Dementia

*See our website (DSRF.org/GoodtoGreat) for details about our free children's conference.*