Let’s Make Plans! Fall 2019

This program is designed to enhance social engagement with peers in a fun and supportive environment. Participants will plan activities with their peers in a small group setting, and will learn skills associated with exploring personal interests, planning, problem solving, transportation planning, and collaboration.

This program is taught by Aja Masters, who has been a Teaching Assistant at the DSRF for 4 years, as well as the Summer Program Coordinator. Aja graduated from SFU with a major in Psychology and a minor in Learning and Developmental Disabilities. Aja will be assisted by young adult volunteers to foster an inclusive atmosphere that reflects the interests of young adults and to model pro-social behaviour.

The focus of the course is on having fun with peers while planning simple activities; participants who require one to one support must provide this support. Participants will have the opportunity to make new friends and we will encourage group members to practice connecting with friends for activities outside of the program. The group will plan and engage in weekly group activities at the DSRF and plan for activities in the community that are easily accessible from this location.

### Dates

<table>
<thead>
<tr>
<th>Dates</th>
<th>Class Schedule</th>
<th>Fee</th>
<th>Class Size</th>
<th>Ages</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 6 - December 13, 2019</td>
<td>Friday 2:00 pm - 4:00 pm</td>
<td>$300.00 (15 classes)</td>
<td>8</td>
<td>19 and up</td>
<td>DSRF and various community locations</td>
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</tbody>
</table>

### Program Registration

**Client’s Information**

- Last Name: __________________ First Name: __________________
- Address: ________________________________________________
- City: __________________ Postal Code: __________________
- Phone: __________________ Date of Birth: _________________

**Parent/Guardian’s Information**

- Last Name: __________________ First Name: __________________
- Phone: __________________ Cell: __________________
- Work: __________________ Email: __________________

### Payment Information

- Fee: $300.00
- [ ] Cheque enclosed
- [ ] Other Funding Please Specify: __________________________
- [ ] Please charge my [ ] Visa [ ] Mastercard Amount $_______
- Name on Card: __________________
- Card Number ______ / ______ / ______ / ______ expiry date ______ / ______

Cancellation Policy: All withdrawal requests must be received by nimet@dsrf.org one week prior to the start of the program. No refunds after the start of the program.

To register, contact Nimet Tejpar at 604-444-3773 or nimet@dsrf.org

If paying by cheque, please make it payable to:

Down Syndrome Resource Foundation
1409 Sperling Ave.
Burnaby, BC V5B 4J8
tel. 604-444-3773
tel. 604-431-9248

Empowering Individuals with Down Syndrome