



## Let's Make Plans! Spring 2019

This program is designed to enhance social engagement with peers in a fun and supportive environment. Participants will plan activities with their peers in a small group setting, and will learn skills associated with exploring personal interests, planning, problem solving, transportation planning, and collaboration.

This program is taught by Aja Masters, who has been a Teaching Assistant at the DSRF for 4 years, as well as the Summer Program Coordinator. Aja graduated from SFU with a major in Psychology and a minor in Learning and Developmental Disabilities. Aja will be assisted by young adult volunteers to foster an inclusive atmosphere that reflects the interests of young adults and to model pro-social behaviour.

The focus of the course is on having fun with peers while planning simple activities; participants who require one to one support must provide this support. Participants will have the opportunity to make new friends and we will encourage group members to practice connecting with friends for activities outside of the program. The group will plan and engage in weekly group activities at the DSRF and plan for activities in the community that are easily accessible from this location.

Dates	Class Schedule	Fee	Class Size	Ages	Location
March 29 to June 14, 2019 (no class on April 19 or May 10)	Friday 2:00 pm - 4:00 pm	\$200.00 (10 classes)	8	19 and up	DSRF and various community locations



1409 Sperling Ave.  
Burnaby, BC  
V5B 4J8  
tel. 604-444-3773  
fax. 604-431-9248  
[www.DSRF.org](http://www.DSRF.org)

### Program Registration

#### Client's Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

#### Parent/Guardian's Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Work: \_\_\_\_\_ Email: \_\_\_\_\_

To register, contact  
Nimet Tejpar at  
604-444-3773 or  
[nimet@dsrf.org](mailto:nimet@dsrf.org)

### Payment Information

Fee: \$200.00

Cheque enclosed

Other Funding Please Specify: \_\_\_\_\_

Please charge my  Visa  Mastercard Amount \$\_\_\_\_\_

Name on Card: \_\_\_\_\_

Card Number \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ expiry date \_\_\_\_ / \_\_\_\_

If paying by cheque,  
please make it payable to:

Down Syndrome  
Research Foundation

1409 Sperling Ave.  
Burnaby, BC V5B 4J8

tel. 604-444-3773  
fax. 604-431-9248

Cancellation Policy: All withdrawal requests must be received by [nimet@dsrf.org](mailto:nimet@dsrf.org) one week prior to the start of the program. No refunds after the start of the program.

