



Occupational Therapy Services for Adolescents and Adults

Occupational therapy assists adolescents and adults with:

- * physical skills
- * life skills
- * psychosocial skills
- * gross and fine motor skills
- * cognitive skills and executive function

Difficulties with these skills may interfere with one's ability to function or make progress in school, work, and/or at home. The goal of occupational therapy is to find ways for the individual to participate as fully as possible in their daily activities:

- * Self-care: grooming, hygiene, sleep, mobility, medication management
- * Productivity: life transitions, life skills (money management, community access, shopping, etc.), volunteering, pre-employment, employment
- * Leisure: participating in recreational activities, identification of meaningful activities

Adolescents and adults experience major life transitions such as finishing school, accessing new community services, moving from a childhood home and transitioning into adult services. Additionally, expectations of an individual tend to increase once adulthood is reached, while structure and support levels often decrease. When appropriate, occupational therapy can support individuals through transitions, assess and teach functional life skill building, identify cognitive strategies and support the individual to access meaningful productivity.

As well as assessing functional skills, an occupational therapist can assess the environment in which the activity is taking place and the activity itself. The occupational therapist will then work with the individual, their family and other caregivers to find new ways to helping them to engage and participate in their activities.



Down Syndrome Research Foundation

Together. Hand in Hand.

1409 Sperling Ave.
Burnaby, BC
V5B 4J8
tel. 604-444-3773
fax. 604-431-9248
www.DSRF.org



tear here

Register online at
<http://dsrf.org/register>

Occupational Therapy Services

Client's Information

Last Name: _____ First Name: _____
 Address: _____
 City: _____ Postal Code: _____
 Phone: _____ Date of Birth: _____

Parent/Guardian's Information

Last Name: _____ First Name: _____
 Phone: _____ Cell: _____
 Work: _____ Email: _____

[more >>](#)

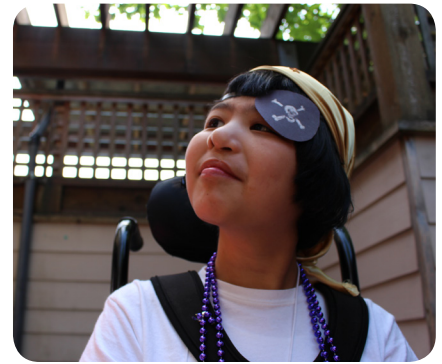


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Schedule 2019

This program will be offered in blocks throughout the year with weekly one to one sessions.

BLOCK 1	January 2 - March 15	11 weeks	Registration starts November 5, 2018
BLOCK 2	April 1 - June 21	12 weeks	Registration starts February 19, 2019
BLOCK 3	July 2 - August 23	8 weeks	Registration starts May 27, 2019
BLOCK 4	September 9- December 13	14 weeks	Registration starts August 5, 2019
<i>Christmas Break</i> December 17, 2018 - January 1, 2019		<i>Spring Break</i> March 18 - March 22, 2019	

Fee

\$84 per session + \$60 for end of block report (i.e. \$1,068 for a 12 week block with report).

Please contact us about bursary options prior to registration if cost is a barrier to participation.

Some appointments may be scheduled in the home or community with a \$40 minimum additional travel charge for one hour round trips from our Burnaby location, additional billing for longer trips at \$40 minimum extra charge.

Location

DSRF, 1409 Sperring Avenue, Burnaby
The City Centre Building -1, 13737 - 96th Avenue (2nd floor), Surrey



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Payment Information

Please invoice me

Cheque enclosed

Other Funding Please Specify: _____

Please charge my Visa Mastercard Amount \$ _____

Name on Card: _____

Card Number ____/____/____/____ expiry date ____/____

Signature _____

If paying by cheque,
please make it payable to:

**Down Syndrome
Research Foundation**

1409 Sperring Ave.
Burnaby, BC V5B 4J8

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fax. 604-431-9248

When faxing, please fax
both sides.

Cancellation Policy: All withdrawal requests must be received in writing to nimet@dsrf.org one week prior to the start of program.

We acknowledge the financial support of the Province of British Columbia.